



30-Hour OSHA Training – Construction Industry **Course Topics**

- **Introduction to OSHA**
 - Importance of OSHA
 - Worker Rights Under OSHA
 - Employer Responsibilities
 - OSHA Standards
 - OSHA Inspections
 - Where To Go For Help
- **Fall Protection**
 - Construction Focus Four: Fall Hazards
 - Major Types of Fall Hazards
 - Protecting Yourself From Fall Hazards
 - Employer Requirements to Protect Workers From Fall Hazards
- **Electrocution**
 - Construction Focus Four: Electrocution
 - Major Types of Electrocution Hazards
 - Protecting Yourself From Electrocution Hazards
 - Employer Requirements to Protect Workers From Fall Hazards
- **Struck-By**
 - Construction Focus Four: Struck-By Hazards
 - Major Types of Struck-By Hazards
 - Protecting Yourself From Struck-By Hazards
 - Employer Requirements to Protect Workers From Struck-By Hazards
- **Caught-In**
 - Construction Focus Four: Caught-In/Between Hazards
 - Major Types of Caught In/Between Hazards
 - Protecting Yourself From Caught-In/Between Hazards
 - Employer Requirements to Protect Workers From Caught-In/Between Hazards
- **Health Hazards**
 - Job Hazards
 - Specific Hazards
 - Hazard Communication
- **Material Handling**
 - General Requirements for Material Storage
 - Rigging Equipment
 - Material Handling Equipment
 - Developing Training & Education
- **Tools - Hand and Power**

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- General Requirements and Basic Tool Safety
- Hand Tools and Power-Operated Tools
- Abrasive Wheels and Tools
- Woodworking Tools
- Jacks
- **Managing Safety and Health**
 - Safety Programs & Subpart C
 - 1926.16, Rules of Construction
 - 1926.20, General Safety and Health Provisions
 - 1926.21, Safety Training and Education
 - 1926.31, Incorporation by Reference
 - Common Construction Hazards
- **Stairways and Ladders**
 - General Requirements
 - Stairways
 - Ladders
 - Training Requirements & Common Hazards
- **Fire Protection and Prevention**
 - Subpart F – Fire Protection and Prevention Overview
 - 1926.150, Fire Protection
 - Fire Prevention and Storage
 - Safe Product Use and Hazard Avoidance
 - Common Fire Hazards and Avoidance
- **Welding and Cutting**
 - Gas Welding & Cutting
 - Arc Welding & Cutting
 - Fire Prevention
 - Ventilation & Protection
 - Preservative Coatings
 - Common Welding Hazards
- **Scaffolds**
 - Common Hazards & General Requirements
 - Scaffolding Types & Requirements
 - Responsible Persons
 - Aerial Lifts
 - Training Requirements
- **Cranes**
 - Cranes and Derricks General Requirements
 - Specific Crane Type Regulations
 - Cranes or Derrick Personnel Platforms
 - Helicopter Cranes

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- Hoists, Elevators and Conveyors
- Common Hazards
- **Excavations**
 - 1926 Subpart P – Excavations Overview
 - Specific Excavations Requirements
 - Soil Classification
 - Protective Systems
 - Sloping & Benching
 - Shoring & Shielding
 - Excavation Hazards
- **Concrete and Masonry**
 - Subpart Q – Concrete & Masonry Construction
 - General Requirements
 - Equipment & Tools
 - Cast-in-Place Concrete
 - Precast Concrete
 - Lift-Slab Operations
 - Masonry Construction
 - Common Hazards of Concrete Placement
- **Personal Protective Equipment (PPE)**
 - Personal Protective Equipment
 - Major Types of PPE in Construction
 - Using PPE to Protect Yourself
 - Employer Requirements for PPE
- **Confined Space Entry**
 - Confined Spaces
 - Hazardous Atmospheres
 - Hazard Classifications
- **Signs, Signals and Barricades**
 - Accident Prevention Signs
 - Temporary Traffic Signs
 - Signaling & Flagging
 - Barricades

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