

10-Hour OSHA Training – General Industry Course Topics

Introduction to OSHA

- o History of OSHA
- o OSHA's Mission
- What Rights Do You Have under OSHA?
- Employer Responsibilities under OSHA
- OSHA Standards
- OSHA Inspections
- o Where to Go for Help?

Walking and Working Surfaces

- What is a Walking and Working Surface?
- Types of Walking and Working Surfaces
- Protecting Yourself from Walking and Working Surface Hazards
- Employer Responsibilities

Exit Routes, Emergency Action Plans, and Fire Prevention

- What are Exit Route and Fire Hazards?
- What are the Major Types of Exit Route and Fire Hazards?
- Protecting Yourself from Exit Route and Fire Hazards
- Employer Responsibilities

Electrical

- What is an Electrical Hazard
- Types of Electrical Hazards
- Protecting Yourself from Electrical Hazards
- Employer Responsibilities

• Personal Protective Equipment

o What is PPE?

- Types of Personal Protective Equipment
- o Protecting Yourself Using PPE
- o Employer Responsibilities

Hazard Communication

- What is Hazard Communication
- What is the Hazard Communication Standard (HCS)?
- How are Chemical Hazards Classified and Categorized?
- How Hazard Communication Can Protect You
- o Employer Responsibilities

Materials Handling

- What is a Materials Handling Hazard
- Types of Materials Handling Hazards
- Protecting Yourself from Materials Handling Hazards
- o Employer Responsibilities

Machine Guarding

- What is Machine Guarding
- Types of Machine Hazards and Safeguarding
- Protecting Yourself Using Machine Guarding
- Employer Responsibilities for Machine Guarding

Bloodborne Pathogens

- o What are Bloodborne Pathogens?
- Types of Bloodborne Pathogens
- Protecting Yourself from Bloodborne Pathogens
- Employer Responsibilities

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