



10-Hour OSHA Training – Construction Industry
Course Topics

Now available in Spanish!

- **Introduction to OSHA**
 - Importance of OSHA
 - Worker Rights Under OSHA
 - Employer Responsibilities
 - OSHA Standards
 - OSHA Inspections
 - Where To Go For Help
- **Fall Protection**
 - Construction Focus Four: Fall Hazards
 - Major Types of Fall Hazards
 - Protecting Yourself From Fall Hazards
 - Employer Requirements to Protect Workers From Fall Hazards
- **Electrocution**
 - Construction Focus Four: Electrocution
 - Major Types of Electrocution Hazards
 - Protecting Yourself From Electrocution Hazards
 - Employer Requirements to Protect Workers From Fall Hazards
- **Struck-By**
 - Construction Focus Four: Struck-By Hazards
 - Major Types of Struck-By Hazards
 - Protecting Yourself From Struck-By Hazards
 - Employer Requirements to Protect Workers From Struck-By Hazards
- **Caught-In**
 - Construction Focus Four: Caught-In/Between Hazards
 - Major Types of Caught In/Between Hazards
 - Protecting Yourself From Caught-In/Between Hazards
 - Employer Requirements to Protect Workers From Caught-In/Between Hazards
- **Personal Protective Equipment (PPE)**
 - Personal Protective Equipment
 - Major Types of PPE in Construction
 - Using PPE to Protect Yourself
 - Employer Requirements for PPE
- **Health Hazards**
 - Job Hazards
 - Specific Hazards
 - Hazard Communication
- **Material Handling**
 - General Requirements for Material Storage
 - Rigging Equipment
 - Material Handling Equipment
 - Developing Training & Education
- **Tools - Hand and Power**
 - General Requirements and Basic Tool Safety
 - Hand Tools and Power-Operated Tools
 - Abrasive Wheels and Tools
 - Woodworking Tools
 - Jacks

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